**Description:** How do we naturally let Jesus live through us? How do we “abide in Christ” (or “let go and let God”)? How do we move from “self-consciousness” to “Christ-consciousness”? In this series you will discover how to return to God’s original design for mankind as was demonstrated by Adam and Eve in the Garden of Eden. Four key truths are discussed in the three sessions, and two journaling times are included in the training experience.

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Additional books which deepen this message are described below and available at www.cwgministries.org. You can also hire a Personal Spiritual Trainer to walk with you as you integrate these principles or take it as a college course through www.cluonline.com.

1. **The Great Mystery – Christ in You** – explores all New Testament verses that describe what Jesus offers to you through His in-working presence.

2. **Naturally Supernatural** – explores in-depth the underlying principles of how to live naturally out of the indwelling Spirit of God.

3. **How to Walk by the Spirit** – look up all 1200 verses on heart and s/Spirit, and gain a firm biblical understanding of how to define and live comfortably in your heart.

4. **Spirit Born Creativity** – explores the five senses of your spirit, and how God fills all five senses to release a miracle out through you.
Session #1 – It’s all about God

Introduction: How do we naturally let Jesus live through us? How do we “abide in Christ” (or “let go and let God”)? How do we move from “self-consciousness” to “Christ-consciousness”? How do we return to God’s original design, which is to take walks in the garden with God and live out of communion with Him?

A. The Problem Introduced: Living Self-Conscious – Wretched Man Syndrome

1. Man trying to live a godly life.
2. For example: “I am trying hard to love, Lord; please help me.”
3. Satan’s lie: It’s all about what you can do. “For God knows that in the day you eat from it your eyes will be opened, and you will be like God, knowing good and evil.” (Gen. 3:5)
   a. “you” = Humanism – man at the center
   b. “knowing” = Rationalism – man’s reasoning process at the center

B. The Solution Introduced: Living Christ-Conscious – Spirit-Anointed Living

1. Man living tuned to the flow of the indwelling Holy Spirit.
2. For example: “Jesus, You are love and You live within me; I release You.”
3. Jesus demonstrated that for Him, it is all about sensing and releasing His Father’s power (Jn. 5:19, 20, 30).

C. Four Key Truths That Let You Live Naturally Supernatural

1. Truth #1 – It’s all about God.
2. Truth #2 – I contain God.
3. Truth #3 – I live tuned to His indwelling Spirit.
4. Truth #4 – I release the in-working power of God.

D. The Wretched Man Syndrome Is a Result of Living Self-Conscious

1. Read Romans 7:15, 20-24.
2. The problem is living self-conscious.
3. “I, me, my” are found 20 times in 6 verses in the New American Standard translation.

E. The Solution Is Living Christ-Conscious – Focusing on God’s Spirit Within

1. The Spirit is mentioned 21 times in Romans chapter 8.
2. “The law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death.” (Rom. 8:2)
3. “But if the Spirit of Him who raised Jesus from the dead dwells in you, He who raised Christ Jesus from the dead will also give life to your mortal bodies through His Spirit who dwells in you.” (Rom. 8:11)
4. “If by the Spirit you are putting to death the deeds of the body, you will live. For all who are being led by the Spirit of God, these are sons of God.” (Rom. 8:13, 14)

Truth #1 – It’s all about God.

1. When Abram was ninety-nine years old, the Lord appeared to Abram and said to him, “I AM Almighty God; walk before Me and be blameless.” (Gen. 17:1)
2. God has all might or God is all might?
3. “For by Him all things were created, both in the heavens and on earth, visible and invisible, whether thrones or dominions or rulers or authorities—all things have been created through Him and for Him. He is before all things, and in Him all things hold together.” (Col. 1:16, 17)
4. How much of the universe does God hold together through His strength?
A. What about the Might of Evil Men?

1. In Isaiah 10:5-7, God is speaking and says: “Woe to Assyria, the rod of My anger and the staff in whose hands is My indignation; I send it against a godless nation and commission it against the people of My fury to capture booty and to seize plunder, and to trample them down like mud in the streets. Yet it does not so intend, nor does it plan so in its heart, but rather it is its purpose to destroy and to cut off many nations.”

2. The King of Assyria did not see himself as God’s servant: “By the power of my hand and by my wisdom I did this, for I have understanding; and I removed the boundaries of the peoples and plundered their treasures, and like a mighty man I brought down their inhabitants, and my hand reached to the riches of the peoples like a nest, and as one gathers abandoned eggs, I gathered all the earth; and there was not one that flapped its wing or opened its beak or chirped.” (Isa. 10:13, 14)

3. God’s version of the same story: “Is the axe to boast itself over the one who chops with it? Is the saw to exalt itself over the one who wields it? That would be like a club wielding those who lift it, Or like a rod lifting him who is not wood. Therefore the Lord, the God of hosts, will send a wasting disease among his stout warriors.” (Isa. 10:15, 16)

4. We can only walk with this kind of insight if we are hearing God’s voice.

B. The Problem of “Might” Being Used for Evil

1. Joseph’s jealous brothers sold him into slavery into Egypt. “As for you, you meant evil against me, but God meant it for good in order to bring about this present result, to preserve many people alive.” (Gen. 50:20)

2. God used wicked people to accomplish His purposes at Calvary:
   a. Jealous Pharisees are plotting to kill Jesus;
   b. A rabble mob is incited;
   c. A spineless Pilate capitulates amidst the pressure.

3. Did evil rule the day Jesus died, or was God ruling?

4. God’s perspective of the story: “For truly in this city there were gathered together against Your holy servant Jesus, whom You anointed, both Herod and Pontius Pilate, along with the Gentiles and the peoples of Israel, to do whatever Your hand and Your purpose predestined to occur.” (Acts 4:27, 28)

C. God Is Not Only Almighty but He Is Also...

1. Love: “We have come to know and have believed the love which God has for us. God is love, and the one who abides in love abides in God, and God abides in him.” (1 Jn. 4:16).

2. Journaling Response: Lord, what do You want to say to me about Your being Almighty God or Your being Love?

D. Classtime Activities:

1. Journal for 5 minutes. Afterward, the leader instructs the group to read their journaling to someone next to them (5 minutes). Then the leader calls everyone back together and asks for a few volunteers to read their journaling to the entire group.

2. Quote Romans 8:13b, 14 together: “If by the Spirit you are putting to death the deeds of the body, you will live. For all who are being led by the Spirit of God, these are sons of God.” (Rom. 8:13b, 14)

3. For you, what is the difference between putting to death a deed of the body by the Spirit, and putting to death a deed of the body by the flesh?