Deliverance Cheat Sheet
Steps to Take When Casting Out Demons

Pre-Deliverance Preparations:
1. Check pages 14 and 15 of the “Prayers That Heal the Heart Seminar Guide” for completeness (filled in at least ¾ of the way down the page). Ensure that the counselee has prayed across each row, repenting of ungodly beliefs and inner vows, affirming what God has spoken, and purposing by the power of the Spirit to follow His voice.

2. Check page 17 of above guide to ensure that 3-6 inner healing scenes have been properly processed (i.e., Jesus appearing in the scene and doing and saying something). Be sure vision was a part of the process.

3. Look over the demon lists on page 19 and ensure that the demons have been clustered (i.e., “kissing-cousin” demons are grouped together—2-3 demons with close names/activities, such as rejection and self-rejection and rejection of others could be one group). Now number the groups, with #1 being the group that gives you the most problems, and the rest in descending order.

4. Start with the highest numbered group (probably 3, 4, 5 or 6) and cast these demons out first, ending with the group numbered 1 (the strongman group).

Actual Deliverance Process:
1. Wedge Number 1 that separates the demons from the person: Counselee repents of harboring the sinful thoughts/actions caused by the demon, and states his/her intention to turn to Jesus and begin doing the opposite action (be specific). Lead counselee in any part of this prayer he needs help with (most often the second part).

2. Wedge Number 2: Counselee commands the demon(s) (by name) to leave in the name of the Lord Jesus Christ. Lead the counselee in any part of this prayer he needs help with.

3. Instruct the counselee to stop speaking (so his air passage is free for the demon to leave that way) and to set his heart to hate the demon – thus pushing it out – while you command (in an authoritative voice), the demon(s) to leave (for 1-2 minutes). Keep your eyes open to see if you can observe the demon manifest and leave (e.g., the body tighten up and then relax). Then do a barometer check asking the client, “What do you sense happening inside?” Respond appropriately to whatever he tells you. Stay tuned to flow throughout, seeking God’s spontaneous thoughts, pictures and feelings to guide and assist you in the entire process.

Overcoming Obstacles:
1. Demon(s) moves but does not come completely out (e.g., goes from stomach to throat): Repeat steps 1-3 of the “Actual Deliverance Process” above.

2. Demons still do not come out: Pray the following: “Holy Spirit, please show us what this demon is attached to.” Instruct the counselee to tune to flowing thoughts and flowing pictures and tell you what comes into his mind. Respond by instructing him to do an appropriate prayer (forgiving a person, cutting an ungodly soul tie, removing an item from his home which has demonic connections, etc.). Stay tuned to flow also, asking for a word of knowledge, a word of wisdom and discerning of spirits. Suggest to the counselee what you are receiving, and together with the counselee, act upon that.

3. Utilize a deliverance team of two people, one being a right-brain seer who can more easily discern things in the spirit world. Respond to what s/he sees.

Once Demon Is Cast Out:
1. Thank God and pray for the Holy Spirit to fill and take control of that area.

2. Call for the opposite of what was cast out to come alive in the counselee's heart.