*Stepping into the Spirit’s Healing Stream*

*A Spirit-Infused Healing Encounter for Individuals and Small Groups*

### Are There Spiritual Principles Which Govern the Release of God’s Healing Power?

Healing services are intensely emotional and Christological in focus. Yet only about 2% get healed in a typical miracle service? Is God serendipitous when it comes to healing? I don’t think so!

Healing occurs when we obey God’s laws, so rather than accidentally obeying these laws, let’s **intentionally know them and utilize them**. Jesus had 100% success in ministering healing. You will note that the two laws discussed below are well grounded in Scripture and easy enough for a child to follow (Mk. 10:15), so let’s agree now, *“I can understand God’s laws and I can follow them.”*

Law #1 - I respond to the Spirit's invitation, "Come, be one with Me."

Law #2 - I Think, Feel and Act Only on God's Revelation

There are many ways to be healed – God provides miracles **plus** Gifts of Healings (1 Cor. 12:28 \*). We are going to explore one way.

\* New American Standard Bible version used throughout, unless otherwise stated.

### Healing is a release of God’s power, which is available through His Spirit

* When a woman touched Jesus in faith *He was aware that* ***power*** *had* ***gone out******of Him***(Lk. 8:46)
* *This power sustains and is resident in all molecules - In Him all things* ***hold together*** (Col. 1:17)
* Jesus said: When the Helper comes, whom I will send to you from the Father, that is the Spirit of truth who proceeds from the Father, He will testify about Me (Jn. 15:26)
* *Jesus: You will receive* ***power*** *when the Holy Spirit has come* ***upon you*** (Acts 1:8)
* *Paul talked about: His* ***power****, which mightily works* ***within******me*** *(Col. 1:29)*
* God’s energy (*dunamis* and *energeo*) fills every atom, all of creation, every believer, and can even be transmitted from one to another.
* We are called to live and walk in the Spirit (Gal. 5:25). Children do it naturally, living spontaneously, seeing visions, engaging angels.

### Law #1 – I RESPOND TO THE SPIRIT’S INVITATION, “COME, BE ONE WITH ME”

1. A “River of Life” flows from God’s throne. It is a “River of Living Water.” It FLOWS within every believer.
2. *A* ***river of the water of life****, clear as crystal, coming from the throne of God and of the Lamb* … *for the healing of the nations* (Rev. 22:1,2)
3. Water flows in the temple … w*here the* ***river flows,*** *everything will live* (Ezek. 47:1,9 NIV)
4. You are a temple of God and that the Spirit of God dwells in you (1 Cor. 3:16)
5. *He who believes in Me … from his innermost being* ***will FLOW rivers of living water****. This He spoke of the* ***Spirit*** (Jn. 7:38,39). We sense this flowing River as FLOWING thoughts, flowing pictures, flowing emotions and flowing power.
6. By praying Spirit-led prayers I receive from Jesus, through the Spirit
	1. I *pray at* ***all*** *times* ***in*** *the Spirit* (Eph. 6:18 – prayers guided by Spirit flow)
	2. I *pray* ***with*** *the Spirit* (1 Cor. 14:15 – in tongues. Two minutes prepares one for revelation.)
	3. I choose Spirit flow over my own analytical, judgmental, limited thinking (Prov. 3:5; Isa. 55:9)
7. Since pictures are the language of the heart, I choose to SEE spiritual realities taking place
8. The Son can do nothing of Himself, but what He sees the Father do; for whatever He does, the Son also does in like manner (Jn. 5:19,20,30)
9. David said, 'I SAW THE LORD ALWAYS IN MY PRESENCE; FOR HE IS AT MY RIGHT HAND, SO THAT I WILL NOT BE SHAKEN’ (Acts 2:25; Ps. 16:8)
10. I walk in God’s garden seeing Jesus walking at my side (Heb. 12:2)
11. I pray for the eyes of my heart be enlightened (Eph. 1:17,18) and I honor the pictures which appear.
12. I choose to live attentive to the present moment. I am “abiding” with the great “I Am” (Jn. 15:4; Ex. 3:14)
13. I step continually from seeing myself as alone to seeing and dialoguing with Jesus at my side
14. *I have been crucified with Christ; and it is* ***no longer I who live****, but Christ lives* (Gal. 2:20)
15. ***In Him*** *I live and move and exist* (Acts 17:28)
16. *I am seated with Him in heavenly places* (Eph. 2:6)
17. Seeing Jesus at my side removes fear and anxiety
18. *Be strong and of good courage, do not fear nor be afraid for the LORD your God, He is the* ***One who goes with you****. He will not leave you nor forsake you* (Deut. 31:6)
19. *Do not worry about tomorrow; for tomorrow will care for itself* (Matt. 6:34)

7. I experience Jesus’s compassion, the emotion required to carry the power of the Spirit

* 1. *Jesus,* ***moved by compassion,*** *healed* (Matt. 14:14)
	2. Compassion is the carrier wave upon which healing power rides
	3. *When you stand praying,* ***forgive*** (Mk. 11:25 – move from judgment to mercy)

8 ONLY by the Spirit can I overcome, so I MUST tune to the Spirit’s FLOW within

1. *The* ***Law of the Spirit of Life*** *in Christ Jesus has set me free from the law of sin and of death (Rom. 8:2)*
2. ***If by the Spirit I am*** *putting to death the deeds of the body, I will live (Rom. 8:13)*
3. *Jesus’ spoken words* ***(rhemas) to me are Spirit and life***– *the flesh profits nothing* (Jn. 6:63)
4. I will live and walk continuously in the Spirit so Spirit power continually flows (Gal. 5:25)

### My confession concerning the Spirit

Lord, I see that You created the worlds and that everything that exists came from Your Spirit. I see that Your Spirit creates and sustains matter. I see Your Spirit flowing as a River from Your throne. You flow into my innermost being, filling me to overflowing. Then You flow out of me to others. You infuse life and healing and light to all You touch. You are transforming my cells right now, permeating them with Your light, removing all sickness, disease and infirmity. You are cleansing me, healing me, setting me free to live again. I bask in the light of Your glory. Your healing waves sweep over me. Thank You, Lord, for the healing taking place in my body right now. I worship You. Your healing touch embraces me now. YOU are my Healer.

### Law #2 – Alignment of body, soul and spirit allows the Spirit to flow freely

*When I bring: (1) the beliefs of my mind, and (2) the emotions of my heart, and (3) the actions of my body, into agreement with what God has revealed to me, I am an open channel and receiver of the continuous, unhindered flow of the Spirit’s healing power!*

1. My **mind’s beliefs are aligned** as I ponder God’s revelations to me

	1. **Revelation** ushers in **“true knowledge”** of God’s promises to me (2 Pet. 1:3,4).
		1. The LORD **said** to Abram, ‘Go forth… I will make you a great nation’ (Gen. 12:1,2).
		2. *Were not our hearts burning within us* ***while He was explaining*** *the Scriptures to us?* (Lk. 24:32)
		3. I experience revelation by **honoring God’s voice** through dreams, visions, prophecy, words of wisdom and knowledge, and discerning of spirits, all experienced as **“flow.”**
	2. I **meditate** on the promises He has granted to me through revelation. Revelation ignites faith, which aligns my mind as I ponder it (Josh. 1:8).
		1. *And not being weak in faith, he did not consider his own body, already dead (since he was about a hundred years old), and the deadness of Sarah's womb. He* ***did not waver*** *at the promise of God through unbelief, but was strengthened in faith, giving glory to God, and being* ***fully convinced that what He had promised He was also able to perform*** (Rom. 4:19-21).
	3. **Come out of agreement with lying spirits.** I repent of agreeing with lying, evil spirits of sickness and infirmity and renounce them, rebuke them and command them to leave in Jesus’ name. Almost 1/3 of Jesus’ commands for supernatural intervention involved casting out demons.
		1. *He laid His hands on every one of them and healed them. And demons also came out of many* (Lk. 4:40,41).
		2. *If I cast out demons by the Spirit of God, surely the Kingdom of God has come upon you* (Matt. 12:28).
	4. Since just a positive mental attitude promotes healing, imagine what meditating on God’s revealed will, casting out demons and applying the power of the Holy Spirit accomplishes!
2. My **heart’s emotions** are aligned as I gaze upon God’s visions to me
	1. I receive and gaze upon God’s picture of the **promise already fulfilled** (Gen. 15:5,6).
		1. ***Look*** *toward the heavens, and count the stars, if you are able to count them. So shall your descendants be* (Gen. 15:5).
		2. *I behold as in a mirror the glory of the Lord,* and as I do the energy of the Spirit transforms me into that which I am gazing upon (2 Cor. 3:18).
		3. **As I gaze** ONLY at the picture of His promise already fulfilled, **I feel Kingdom emotions** of gratefulness, joy and thanksgiving (Col. 2:7; Heb. 13:15). These are not fake emotions or simply words of thanks. My body feels the joy of being healed, because I have spent time gazing upon the picture that God has given of His promise already fulfilled. I gaze at this picture **until** joy, excitement, gratitude and thankfulness flood my being (1 Thess. 5:18)!
		4. I engage in *prayer and supplication with* ***thanksgiving***(Phil. 4:6-8).
	2. These Kingdom emotions are **carrier waves** of Kingdom **power** (Matt. 14:14). The gospel writers turned the word “compassion” from a noun into a verb to describe the INTENSITY of Jesus’ love, upon which miracle-working power flowed (Mk. 1:41). These holy emotions turn on healing genes throughout your body while turning off inflammatory genes. This means both natural and supernatural forces are at work healing your body during the time you are gazing upon the promise fulfilled and feeling Kingdom emotions.
	3. Roaring expresses an intense Kingdom emotion and is a prophetic action which defeats the enemy (Isa. 31:4-5). [ROAR as the Spirit leads](https://www.cwgministries.org/blogs/you-need-roar-your-enemy)!
	4. Cleanse negative emotions from your heart using [inner healing](https://www.cwgministries.org/blogs/prayers-heal-heart-7-step-model), [deliverance](https://www.cwgministries.org/blogs/prayers-heal-heart-7-step-model), [clearing cellular memories](https://www.cwgministries.org/blogs/healing-cellular-memories-worksheet), and [EFT](https://www.cwgministries.org/emotional-freedom-technique-eft-effective-and-biblical).
3. My **body’s speech and actions** are aligned as the Spirit’s emotions empower me
	1. Jesus, moved by compassion, healed (Matt. 14:14)
	2. God sent Ezekiel embittered in the rage of His spirit and the hand of the Lord was strong upon Him (Ezek. 3:14)
	3. I speak confessions of faith – *I am Abraham* (The *“Father of a Multitude”* – Gen. 17:5).
	4. I perform actions of faith – *“Go, show yourselves to the priests." And so it was that as they went, they were cleansed (*Lk. 17:14). As I do my Jericho march, the walls fall (Heb. 11:30).
	5. *The law of the Spirit of life in Christ Jesus has made me free* (Rom. 8:1-4).
	6. These new actions align my body to experience the healing energy of the Spirit.

### SPIRITUAL POWER IS UNLEASHED WHEN MY TRIUNE BEING – SPIRIT, SOUL & BODY – IS UNIFIED

*When my heart loves, my mind believes, and my body acts, aligning themselves with God’s revelation, the Spirit’s power flows unhindered!*

* 1. **The strength of three**
	2. *A cord of three strands is not quickly broken (Eccl. 4:12).*
	3. The power of three in agreement (1 Jn. 5:7-8).
	4. When three align, **I overcome**
* *Whoever believes (head aligns) … and loves (heart aligns) ... and keeps His commandments (body aligns) …* ***overcomes***(1 Jn. 5:1-3).

	1. **Mountains are removed when** agreement occurs between head, heart and body (Mk. 11:22-24)
	2. **Body aligned** – *Whoever says to this mountain, ‘Be taken up and cast into the sea.’*
	3. **Emotions aligned**– *And does not doubt in his heart.* Instead my heart is filled with emotions of gratitude, thanksgiving and joy because of where I fix my gaze.

Note: The Greek word “doubt” in this verse is literally “to oppose, contend, differ, call in question, withdraw from, judge and dispute.” See Jude 1:9 where the same Greek word appears: *“Michael the archangel, when he* ***disputed*** *with the devil....”* Our heart cannot dispute or question our beliefs and actions. We must have unity and coherence within.

* 1. **Head aligned** – *But believes that what he says is going to happen, it will be granted him.*
	2. **Physical transformation will follow** – I will experience an immediate miracle or gradual healingas I stay in agreement with God’s revealed purposes. The Spirit’s Living Water is flowing unhindered.
* *"Therefore I say to you, all things for which you pray (spirit aligned) and ask (body aligned), believe (mind/soul aligned) that you have received them, and they will be granted you* (Mk. 11:24).
* *We know that we already possess what we have asked of Him* ([1 Jn. 5:15 Berean Study Bible](http://biblehub.com/1_john/5-15.htm)).

	1. **Everything is already available** to us in the spirit realm and we are just drawing it into physical manifestation.
* *Blessed be the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly places in Christ* (Eph. 1:3).
* *Seeing that His divine power has granted to us everything pertaining to life and godliness, through the true knowledge (i.e. revelation knowledge) of Him who called us* (2 Pet. 1:3,4).

### My confession concerning full alignment of my triune being to God’s revelation

*Lord, I believe Your revealed will to me. I honor it, come into agreement with it and act upon it. My mind will ponder only that which You have spoken. My gaze will be fixed upon Your promises, already fulfilled, in my life. My emotions will pour forth in gratitude for the greatness of that which You have done. I speak Your promises. I act on Your promises. I receive Your Spirit of Life. Thank You, Lord!*

## Application – A Holy Spirit Guided and Empowered Healing Meditation

**This will be a 20-minute healing devotional** where 3-6 people gather around a person seeking healing and pray for them. (One can do this individually in their home, daily until fully healed. In critical cases, do it morning, noon and evening.)

Everyone (including the person being prayed for) gets in the Spirit and stays in the Spirit for 20 minutes. Don’t step back out of the Spirit and return to logic, reason, anxiety, checking your watch, offering your opinion or giving your counseling input. No telling stories of horrible events, as this does not promote healing. Inviting Jesus into terrible scenes and watching and agreeing with what He is saying and doing does promote healing, and this type of prayer is called inner healing. Even in this case, you still do not take more than 1-2 seconds to review the terrible scene, and the rest of your time is spent watching and cooperating with Jesus.

Stay in the Spirit. Fix your eyes on Jesus for a full 20 minutes and stay tuned to flow.

**Soft soaking music may be played** in the background but does not need to be. If it is on, it should be instrumental and not have words or be any music you know words to, as this music is not to program your mind but rather to open up your spirit. The [Sea of Galilee music](https://www.cwgministries.org/galilee) is good for this.

*“‘Bring me a minstrel.’ And it came about, when the minstrel played, that the hand of the LORD came upon him”* (2 Kings 3:15).

**To get in Spirit,** you cease your laboring and come to rest (Heb. 3-4). Smile! Be childlike. This is ALL about Jesus. You are watching Him. Close your physical eyes and fix the eyes of your heart on Jesus (Heb. 12:1,2), praying for a Spirit of revelation (Eph. 1:17,18). Pray in your native language as led. You may pray or sing softly in tongues. When you sing and pray in tongues, your spirit is praying (1 Cor. 14:14,15). Your spirit is one with Holy Spirit (1 Cor. 6:17), so you are connecting with Holy Spirit and allowing Him to pray with and through you (Rom. 8:26,27). Become silent; lose all sense of self-consciousness and time. Become Christ-conscious, abiding in Him, feeling His love and compassion toward you and toward the person you are praying for, allowing His Spirit to flow effortlessly through you. You are shifting from alpha brain waves to beta waves (slower brainwaves). Lifting your eyes up and looking to the heavens, bowing, dancing and pretty much all of the physical expressions of praise and worship will slow the brain waves and help you get in spirit (Jn. 4:24; Phil. 3:3).

**Be seated comfortably** so you can easily lay hands on the person giving them a 20-minute divine healing radiation treatment. See (and feel) God’s power (as light, energy and heat) flowing through your hands and into their body. Fix your eyes on Jesus, seeing Him present and ministering through you. Tune to the flow of the Holy Spirit within. Follow His flowing thoughts, flowing pictures and flowing emotion of compassion (Jn. 5:19,20,30). Divine energy can be transmitted through the laying on of hands, but can also occur by you simply seeing it flow through you to the one being prayed for. Sometimes Jesus laid hands on; sometimes He didn’t. Your intention counts. It can release the Spirit’s power to whomever you are envisioning.

**Everyone shares, prays and acts based on what the Spirit’s flow is revealing:**

* **Do not be afraid of sitting silently** while simply seeing the Spirit’s power transforming the person being prayed for. You may be praying out loud, silently, or simply in the Spirit, watching Jesus’ movement and doing the same thing He is doing, which may be simply laying His hand upon the person, providing a loving, healing, divine radiation treatment.
* **Do what flow guides you to do.** You may flow from being silent, to praying in tongues, to praying in English, to receiving and releasing a word of knowledge, word of wisdom, prophecy or discerning of spirits. All these are sensed as flowing thoughts, flowing pictures, flowing emotions or flowing physical manifestations so stay tuned to flow throughout, and minister from flow (i.e. the Spirit).
* **The person being prayed for** should also be tuned to and sharing flowing thoughts, pictures and emotions which are coming to them, as these help pinpoint what the Spirit is working on and wants us to focus on.
* **Remove blockages** as the Spirit directs. Break generational sins and curses. Repent of anger, bitterness, ungodly soul ties, ungodly beliefs and inner vows as the Spirit leads. Cleanse cellular memories, minister inner healing, and cast out demons as the Spirit directs.
* **Align your spirit, soul and body:** heart, mind and body(emotion, faith, action/speech) so the Spirit’s power can flow unhindered.
* **Expect healing** not only for the person being prayed for but also those doing the praying, as we are often healed as His power flows through us to heal others.

## Resources – Go Deeper – Position Yourself for Miracles

1. **Repeat the above prayer exercise daily** (or up to 2-3 times daily in **critical** situations) until the Spirit’s power has released God’s Kingdom reality and full healing is manifest. Every time you bathe in the Spirit (soaking, meditating and abiding – Josh. 1:8; Jn. 15), new neural networks are being formed in your brain. These are pathways to your new reality. Eventually His Kingdom reality overcomes and replaces the current hardwired system of infirmity, pain and death which is in your body. You are then experiencing newness of life as a new creation in Christ!
2. **Devotional: *New Creation Celebration*** visionary meditations which nurture Spirit-led healing prayer encounters are available at [www.cwgministries.org/SpiritualTransformations](http://www.cwgministries.org/SpiritualTransformations)
3. **Devotional: *River of Life*** prayer meditation which promotes healing: [www.cwgministries.org/immersed](http://www.cwgministries.org/immersed)
4. **Blog: Enlightenment Transforms!** [www.cwgministries.org/EnlightenmentTransforms](http://www.cwgministries.org/EnlightenmentTransforms)
5. **Blog: I Release Divine Energy – *Energeo*** [www.cwgministries.org/ReleaseDivineEnergy](http://www.cwgministries.org/ReleaseDivineEnergy)
6. **Blog: Resources for YOUR Miracle Service** [www.cwgministries.org/MiracleService](http://www.cwgministries.org/MiracleService)
7. **Blog:** **EFT – Is “Emotional Freedom Technique” Effective and Biblical?** [www.cwgministries.org/emotional-freedom-technique-eft-effective-and-biblical](http://www.cwgministries.org/emotional-freedom-technique-eft-effective-and-biblical)
8. **Blogs: Additional healing prayer approaches** – [www.cwgministries.org/devotionals](http://www.cwgministries.org/devotionals)
9. **Book: *Unleashing Healing Power Through Spirit Born Emotions –*** [www.cwgministries.org/unleashing-book](http://www.cwgministries.org/unleashing-book)
10. **Digital Video: *Coherence – The Power of Unity Within* by Charity Virkler Kayembe –**

[www.glorywaves.org/product/coherence](http://www.glorywaves.org/product/coherence)