*New Creation Celebration – Replacing Emotions***No Rushing** – *Passionate Thankfulness* (Col. 3:15,16) – **Experience HIM!** *Step into Your Future NOW! Radiate Faith, Hope, Love, Transformation*

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| **Get “In Spirit”** (Rev. 1:9-11): Relax, become calm. Put a **smile** on your face. Use stillness or put on some soaking music. Breathe as deeply and slowly as you comfortably can as you love God (Deut.28:47). Perhaps worship in tongues. Move into the present (Ex. 3:14). *Being “in Spirit” and “in the moment” is where miracles occur.* |

## Connect with your divine Lover… (Deut. 7:9)

* *“Welcome, Jesus!”* I see You, Jesus, at my right side. I smile ☺… (Acts 2:25; Ps. 16:8).
* *“I am eager to commune with You… I want to experience You …”* (Gen. 2:8,3:8)
* *“Thank You for loving me and communing with me!”* (Jn. 3:16; Jn. 17:3, 22,23)
* *“I tune to flow”[[1]](#footnote-1)…* and *honor* God’s interaction with me by recording it…

*“What emotion would You have me let go of****[[2]](#footnote-2)****?”* (Type answers in the boxes below)

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| Tune to flow and type in answer. It can be similar or identical to emotions you have processed previously, as God loves to deepen healing. It could be the key emotion of last night’s dream….  |

Become more aware of this heart pattern and an event which fueled it:

*“Lord, remind me what this emotion feels like and the thought processes which go with it and any event which fueled this in my life.”*

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| Tune to flow and write your… | Jesus shares His… *(record His revelation)* |
| Feelings – …  | Feelings – …  |
| Thought processes – …  | Thoughts – …  |
| “Lord, what event fueled this emotion and thought process in my life? - …  | Look, see and record what Jesus is doing in the event[[3]](#footnote-3). Then picture, forgive, release and bless the person…  |

## I repent from my feelings, thoughts (You may speak the following sections aloud)

* *“I renounce satan’s lies (state specifically from list above, left column) forgiving myself and others for our various parts in this entanglement.”*
* *“I receive Your truths”* (state specifically from list above, right column)
* *“I turn from satan’s lies and embrace Your truths!”* Take two deep breaths. ☺

## *“I surrender to You, God, asking for Your miraculous transformation.*

*ONLY Your Spirit can change me! I look to You, Jesus” (Jn. 6:63; Rom. 8:13b; 2 Cor. 3:18; 4:18).*

1. *“Jesus, remove damaged areas of my heart and give me a new heart (Ezek. 36:36).
I release my damaged heart to You.”* Watch Him replace it… *“It feels so good!”*

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| Honor and memorialize God’s touch by recording it here…  |

1. *“Jesus, whom do I have ungodly soul ties with which are contributing to this stressful emotion?” (Our hearts are linked)…*

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| Look at Jesus, tune to flow and record the names He speaks to you…  |

Picture each one and say, *“I forgive you, in Jesus’ name. I choose to honor you, love you and release you. I also forgive myself for my failures in receiving and believing these lies that…”*

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| Honor God’s works in the steps below by recording them here… (Deut. 4:9) |

1. *“I take the sword of the Spirit and cut these emotional ties now.”* Do this in your mind’s eye. Involve your body by seeing a sword in your hand and swinging your arm as you say, *“I cut these ties now. I cut them…”* (Speak and strike 5-6 times (2 Kgs. 13:18,19) for FULL victory – see Jesus helping and cords snapping). *“I release the negative energy flowing to me from this person or event and command it to fall to the ground.”* Breathe out deeply… feel the release. *“I am FREE!”*
2. *“Demons of (name the demons fueling the thoughts and emotions listed above - left column), be gone NOW in Jesus’ name, be gone now in Jesus’ name, be gone now in Jesus’ name! I am set free in Jesus’ name! I am set free in Jesus’ name! I am free!”* Breathe out deeply… feel the release.
3. *“Jesus, cleanse my cells and genes of memories of (name the thoughts, emotions and events listed above - left column).”* Watch as Jesus sweeps the memories from the cells where they have lodged (Jer. 4:14; Eccl. 7:9). Give them to Jesus. *“I am cleansed! Thank You, Lord!”* [More here about healing cellular memories…](http://www.cwgministries.org/blogs/healing-cellular-memories-worksheet)
4. *“Jesus, refresh, heal and restore the organs which were damaged while holding these stressful emotions…”* (Tune to flow. He will tell you which organs have been damaged by holding these stressful emotions). Watch Jesus lay His hands on your body, and lay your hands on the same area, lovingly speaking, *“Be restored, in Jesus’ name. Function normally, in Jesus’ name…”*
5. Soak awhile… until you see and feel His divine light (healing rays) flow into the damaged cells and they shine with divine light and pulsate with health (Hab. 2:1,2; Ezek. 18:31;36:26).
6. Receive His blessing … *“Lord, would You come now and bless my being* ***(****Num. 6:24).*

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| Listen to His blessing. Watch and experience this as He blesses you.  |

*“Thank You, Jesus!”* Test out your body for healing by getting up and walking around. Feel and experience a new, restored body. ☺

## I Experience My New Creation in Christ as I Reflect Jesus (Mk. 9:23)

*“Jesus, let me see and feel my new creation in You. What does it feel like to release the fruit of Your Spirit[[4]](#footnote-4)…* to love everyone I meet? How do I act when I’m walking in forgiveness and patience and kindness toward all, including myself? *…* What does it feel like to have joy flood my soul and overflow, refreshing others in its cascade? … And laughter! My heart is so merry; it’s having a continual feast… Others get caught up in my joy… And Your peace: it sweeps over my soul, I feel such deep contentment. Every part of me is at rest in You…

Lord, I receive your equipping*[[5]](#footnote-5)* for the issues I will be encountering today. I see myself releasing Your insight and wisdom to meet each issue. What does it feel like to release Your wisdom? Your gift of faith is arising within me … What does faith that moves mountains feel like? *…* I see myself as more than a conqueror, always triumphing in Christ. What does it feel like to be on the winning team? *…* I see myself releasing Your healing and miracles to others. How do I feel? *…* I sense just the right words bubbling up within me which I share to minister life to those I meet. I feel their hearts’ needs and minister directly to them. How does it feel to be equipped by the Holy Spirit?*…* How do I act when anointed and empowered? *…*

How do I feel being free*…* being inspired*…* being creative? What choices do I make now that I’m not afraid? *…* How do I look enveloped by God’s presence, feeling His delight over me, and experiencing His compassion toward me? ... How do I live life with God at my right hand, knowing I will not be shaken? … How does it feel to be forgiven? … And healed? … What kind of decisions do I make knowing my Dad is the King of kings? How does being royalty make me feel? *…* What choices do I make knowing that I can do all things through Christ? *…* What does being strengthened by His Spirit in my inner man feel like? What does confidence feel like? … How grateful am I knowing that my steps are ordered of the Lord and He is working all things for my good? How do I feel knowing God always has my back and He is always watching out for me? … What kinds of prayers do I pray or decrees do I make from my position with Christ on His throne? *…*

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| Typing your answers immediately after the “…” will cause your answers to stand out as GREEN. Next, affirm your new self in Christ by speaking aloud over yourself! “I am …”  |

**Note:** If working on a physical healing, see, in detail, the damaged part of your body being rebuilt. Then what can my healed body do? How does it feel? Soak in the feeling while you look!

1. **I pause and gaze upon my new self in Christ,** **UNTIL** I feel this new self. I am full of laughter, joy, love, compassion, peace, faith, confidence, strength. I experience my true identity in Christ! I treasure this feeling in my heart, so I can experience it continually. I am transformed as I gaze upon my new self (2 Cor. 3:18; Eph. 1:17). I take a couple of deep breaths and soak in this new identity. **This is me!** **I radiate the faith of this new reality.** It opens me up to experience miracles and healing (1 Cor. 12:28). This state of gratitude is the state of receivership. [[6]](#footnote-6) Whatever we are thankful for increases *(Matt. 15:36; Lk. 9:16).*
2. Speak aloud: *“I thank You, Jesus, for making me new! You do all things well! I see YOU radiating Your life out through me. This feels so good… I bask in Your presence” (2 Chron. 20:20-24; Isa. 65:24; 1 John 5:14,15* [*Berean Study Bible*](http://biblehub.com/bsb/1_john/5.htm)*; Phil. 4:6; Rom. 4:17).[[7]](#footnote-7)* **Song:** [Every Move I Make](https://www.youtube.com/watch?v=tJGx_-ygNmY): “waves of mercy, waves of grace, everywhere I LOOK I see His face…”

Devotional may end here, or if you still have a few minutes, complete section below.

## Practice Abiding in the Spirit: I FEEL my ‘new self’ alive NOW…

I imagine myself in three situations today, and practice carrying my new self into these scenes. *“Jesus, who will I meet today? What situations will I be in? What is Your wisdom and counsel to me for each of them?”* (Mk. 11:23; 1 Jn. 3:3).[[8]](#footnote-8)

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| Jesus’ counsel for this morning is…  |

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| Jesus’ counsel for this afternoon is…  |

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| Jesus’ counsel for this evening is…  |

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| A Scripture or *rhema* the Lord wants me to speak over myself today is…  |

 *In future days, let God deepen this revelation by doing a* [*7 Step Bible Meditation*](http://www.cwgministries.org/7-step-meditation-process-explored) *on the above verse or topic.*

*“God, I ask for and fully expect to see a sign from You today confirming my New Creation reality, which I have just put on. Let it overtake me in whatever unique way You purpose.* [*You honor faith!*](http://www.cwgministries.org/blogs/when-reason-challenges-faith-what-am-i-do) *Your faith is radiating out through me! I feel it and see its rays reaching out, drawing Your provision to my life. Thank You, Lord!”* It feels so good (Ps. 86:17; Matt. 21:22; Deut. 28:1-14).

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| Faith is feeling and acting like it is so, when it doesn’t appear to be so, so that it will be so, because it is so. (Mk. 11:22,23) |

**Deepen:** Review the answers you have recorded before you close the file.

Clear intentions coupled with elevated emotions release the Spirit’s power!

Use the space below for additional journaling, reflections, meditations and testimonies of results.

1. God’s River, the Holy Spirit, communicates through *flowing* thoughts, *flowing* pictures, and *flowing* emotions (Jn. 7:37-39). [↑](#footnote-ref-1)
2. To be more specific, “What emotion is connected to this event or encounter I am facing?” Accept the named emotion which lights upon your mind. This is a word of knowledge from your loving heavenly Father. It can be similar to, or identical to, emotions you have processed before - as repetition deepens and expands. This emotion appears when I live in separation from God. It is not part of my ‘new self’ which lives in union with God (Eph. 4:23-24; Col. 3:10; Rom. 6:6; 2 Cor. 5:17). This emotion is not part of my future. Beliefs, events, and actions **end up as** stored emotions, so by dealing with emotions, we will also be dealing with beliefs and actions. Such emotions are listed in the *Faith Working Through Love* booklet. [↑](#footnote-ref-2)
3. Picture the event, look for Jesus, tune to flowing thoughts/pictures and record what He is saying and doing. [↑](#footnote-ref-3)
4. Gal. 5:22,23 love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control. [↑](#footnote-ref-4)
5. 1 Cor. 12:7-11 word of wisdom, word of knowledge, faith, gifts of healings, working of miracles, prophecy, the discerning of spirits, various kinds of tongues, interpretation of tongues. [↑](#footnote-ref-5)
6. Since feelings are the result of the picture I am gazing upon, I gaze upon my new self with gratitude and excitement allowing faith to pour forth from my being (Mk. 11:22-25; Phil. 4:6-8; Matt. 6:22; 1 Chron. 23:30). [↑](#footnote-ref-6)
7. I hold this vision from God throughout the day. Gazing upon it releases faith which draws God’s blessings to me (Matt. 9:29). I live in [heart faith](http://www.cwgministries.org/blogs/7-step-word-faith-miracle-model), holding to God’s *rhema* and vision which I ponder, speak and feel deeply enough so that it informs my actions. ☺ [↑](#footnote-ref-7)
8. You change from living in the state of stress, to the state of peace and creativity. New genes are signaled in new ways and your body, emotions and thought processes are altered. [↑](#footnote-ref-8)