

## Homework: Experience the Spirit of Life in Christ Jesus

1. God, the power to overcome the sin of \_\_\_\_\_ is in You, the One Who lives in me.
2. I turn away from my self-effort to overcome this sin, and embrace the power of the Holy Spirit Who flows within me.
3. Jesus, I release the flow of the power of the Holy Spirit out through me, to overcome completely the sin of \_\_\_\_\_. (May use vision, seeing this happen.)

**Credits:** “The authors acknowledge with appreciation the contributions to these seven prayers from several ministries. Most of the ministry steps are drawn from ‘Ministry Tools for Restoring the Foundations,’ Proclaiming His Word, Santa Rosa Beach, FL, 1996 and 1999. All ministry steps used by permission of their authors.”

**Recommended Use:** It is intended that a counselee begin working through these prayers at home, then finalize the ministry time (especially the deliverance prayer) with a counselor who understands deliverance. We recommend you purchase and watch the DVDs with a small group, each member following along in the related Seminar Guide. (Everyone should also have a copy of the *Prayers that Heal the Heart* book.) Follow all the instructions, saying each of the prayers in faith. Then pray together for those who desire it, for there is power in unified prayer!

For effective and thorough results from the seven prayers,  
download a free “Contributing Strands Worksheet”:

[www.cwgministries.org/prayers](http://www.cwgministries.org/prayers)

## MODELS OF THE SEVEN PRAYERS (Pray all seven prayers over a life-dominating problem)

**To heal the heart, you must use the language of the heart,** not the language of the mind! The language of the mind is analytical reason (Matt. 16:7 KJV). The language of the heart is flow (Jn. 7:37-39 KJV), imagination (Gen. 8:21 KJV), dreams and visions (Acts 2:17), emotions (Gen. 6:6 KJV) and pondering (Ps. 77:61 KJV). **Therefore, as you pray stay tuned to flowing thoughts, flowing pictures/visions, and emotions.** If you neglect this, your prayers will be coming from your head and they WILL NOT HEAL YOUR HEART!

Constantly rely upon the Holy Spirit (i.e. Holy Spirit “flow”) to guide you through this healing process. He can and He will respond to your faith. Pray through the issues discovered using the prayer models below.

If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness (I Jn. 1:9).

Three steps: Confession – Forgiveness – Cleansing

### I. Break generational sins and curses

1. I **confess** and repent of the sin of my ancestors, my parents, and my own sin of \_\_\_\_\_, and of my anger and resentment against You, God, for allowing this to happen in my life.
2. I **forgive and release** my ancestors for passing on to me this sin and for the resulting curses of \_\_\_\_\_ (be specific). I ask You to forgive me, and I receive Your forgiveness. I forgive myself for participating in this sin.
3. I place the cross of Christ between my ancestors and myself, as a baby in my mother’s womb. I command the sin of \_\_\_\_\_ and all accompanying curses to be halted at the cross of Jesus Christ, and for freedom and release to flow down from the cross of Christ to that baby in the womb.

## II. Sever ungodly soul ties

1. I **confess** and repent of my sin of an ungodly soul tie with \_\_\_\_\_, and of my anger and resentment against You, God, for allowing this to happen in my life.
2. I **forgive** \_\_\_\_\_ for their involvement in this sin. I ask You to forgive me, and I receive Your forgiveness. I forgive myself for participating in this sin.
3. Lord, sever the ungodly soul tie between me and \_\_\_\_\_ and restore the broken or torn portions of my soul. Lord, remove anything that has come into me through this soul tie and, Lord, bring back anything godly that has been stolen from me.

## III. Replace negative beliefs

1. I **confess** and repent of my sin (and if appropriate, my ancestors' sin) of believing the lie that \_\_\_\_\_ and for the ways I have judged others and/or institutions based upon this negative belief.
2. I **forgive** \_\_\_\_\_ for contributing to my forming this negative expectation/belief. I forgive myself for believing this lie.
3. I confess the countering divine truth that \_\_\_\_\_.

## IV. Renounce inner vows

1. I **confess** and repent of my sin of vowing that \_\_\_\_\_.
2. I **forgive** \_\_\_\_\_ for contributing to my forming this vow and myself for making this vow.
3. Instead, I now purpose by the power of the Holy Spirit to \_\_\_\_\_.

## V. Receive divine visions

1. I **confess** and repent of any anger and bitterness I have against You, God, for allowing this event to happen in my life. I ask You to forgive me, and I receive Your forgiveness.

2. Lord, please take me back to the appropriate memory that is underlying this issue in my heart. (See the scene. If a rape or other extremely traumatic scene, you may go back to just after it is over.)
3. Lord, show me where You were in this scene. (Look and see where Jesus is/was.) Holy Spirit, take over this scene and give me a vision, showing me what Jesus was doing. (Respond to what the Lord is showing and doing.)

## VI. Break word curses

1. I **confess** and repent for receiving the word curse stating that "I \_\_\_\_\_", and for any anger or resentment against You, God, for allowing this to happen in my life.
2. I **forgive and release** \_\_\_\_\_ (self & others) for speaking this over me. I ask You, God, to forgive me, and I receive Your forgiveness. I forgive myself for participating in this sin.
3. I **joyfully accept** the divine exchange Christ made for me on the cross of Calvary. I break this curse over me right now in the name of the Lord Jesus Christ and I receive His divine blessing of \_\_\_\_\_ (the opposite) which replaces this curse.

## VII. Cast out demons

1. Make sure the demon's house is thoroughly dismantled and his anchors completely pulled up by praying through the above five prayers. If the demon does not come out, go back to the above five prayers - something has been missed. Ask God what has been missed and honor what flows back in response.
2. In the Name of the Lord Jesus Christ, I renounce and break all agreements with the demons (strongholds) of \_\_\_\_\_, \_\_\_\_\_, etc.
3. I take authority over the demons (strongholds) of \_\_\_\_\_ and I bind you and command you to leave me now in the Name of the Lord Jesus Christ.